

# SHORE EXCURSIONS

## Cartagena, Columbia

### EXPLORING MAGNIFICENT CARTAGENA



**\$75.00** / Adult (ages 13 & over)

**\$65.00** / Child (ages 12 & under)

Departure Time: 12:45 pm

Duration: 4 ¾ Hours

Activity Level: Moderate

### DETAILS

Explore and discover the magnificent city of Cartagena. Begin with a stop at San Felipe de Barajas situated outside the walled city for a panoramic view of this monumental fort considered to be the most outstanding feat of Spanish military engineering in the New World.

Continue to Las Bovedas Artisan Center, built as dungeons and as a means of storage. Walk through narrow cobblestone streets and squares inside the walled city. Wander through Plaza de Bolivar which features a statue of its namesake. Visit the Inquisition Palace, established in the year 1610 to punish any crimes against the Catholic faith. You'll see samples of jails and torture chambers.

Next, visit the San Pedro Claver cloister and monastery built in homage to the protector of slaves. Continue to the Navy Museum which includes a folk show and beverage. Before returning to your ship, you will have a free time to explore by your own into the walled city and enjoy panoramic sightseeing through Bocagrande, the modern part of the city.

### NOTES

- Casual clothes and comfortable shoes are recommended.
- Wear sunscreen and bring your camera.

### PANORAMIC CARTAGENA & SHOPPING



**\$69.00** / Adult (ages 13 & over)

**\$59.00** / Child (ages 12 & under)

Departure Time: 11:00 am

Duration: 4 Hours

Activity Level: Easy

### DETAILS

Pause for photos at a fortress built in the 17th century to defend Cartagena from pirates and indulge in a shopping spree at an upscale mall in the historical San Diego neighborhood. San Felipe Castle shares a UNESCO World Heritage site designation with several other Cartagena landmarks, in part because of its thick impenetrable stone walls studded with cannons. It is quite the sight from any angle. While driving downtown, you will pass miles of other defensive walls that were constructed and expanded over four centuries to further protect the port from invaders. Within these walls, you will find

La Serrezuela, a shopping center known for its elegant boutiques and one-of-a-kind stores. After opening in 2019, it quickly became an icon as it was designed around the completely renovated Circo Teatro, once a venue for bullfights, operas, and theatrical plays. You may spend more than two hours browsing the shops for designer fashions, exquisite jewelry, and other exclusive merchandise.

## HIGHLIGHTS

- Stop to snap photos at the thick-walled 17th-century fortress San Felipe Castle.
- Pass miles of other defensive walls on a panoramic drive through downtown Cartagena.
- Spend hours shopping at La Serrezuela, an exclusive mall designed around a historical bullring.

## NOTES

- This tour is mainly panoramic and includes approximately 2 hours of walking at the guest's discretion during time at leisure.
- It is available to guests who utilize a collapsible wheelchair, are able to both make their way on and off the coach and have a companion to assist them. Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
- Casual, weather-appropriate clothing and comfortable, flat walking shoes are suggested.

## DISCOVER COLUMBIA



**\$109.00** / Adult (ages 13 & over)

**\$89.00** / Child (ages 12 & under)

Departure Time: 7:30 am

Duration: 4 ½ Hours

Activity Level: Easy

## DETAILS

Your day of discovery begins when you board your air conditioned transportation. You'll pass by buildings and homes featuring Colonial, Republican and Moorish styles and your guide explains the many influences that came to be in Cartagena. Your first stop will be 'Punta Icacos', near the fishing village of La Boquilla. Here, you'll be greeted by local fishermen who earn a living by traditional means of fishing. These fishermen will explain the process of making, repairing, and casting the nets, as well as provide a demonstration. You'll even have the opportunity to learn the art of throwing the net if you wish or you can also sip on fresh coconut milk or coconut water while you watch your companions cast the net. On your way back to Cartagena your guide will provide you with more information regarding Colombian history including the "Vallenato". The Vallenato is a traditional type of music typically using an accordion, flute, and drum. Next, stop is at El Muelle where you'll be greeted and entertained by your own band of Vallenato.

Sample a traditional Colombian snack or "Frito" if you wish before making your way to the Emerald Museum. Here, you'll see craftsmen at work as well as learn the history and cultural importance of the precious stone. Then, visit the famous walled or Old City and Portal de Dulce, an area where local vendors sell the handmade Colombian candies, famous around the world. Take a sweet sample before continuing your walk through the Plaza de la Aduana and Simon Bolivar Square. Along the way your guide will point out areas of interest as well as information on the many churches, buildings and monuments before you begin your free time in the colonial city. Feel free to stroll along the beautiful streets, browse the many shops and admire the beautiful architecture and flower covered balconies before returning to your ship.

## NOTES

- wear comfortable shoes and casual clothes.
- Wear sunscreen.
- Participants must be able to stand and walk unassisted as well as easily navigate narrow pathways.
- The roads to the village can be bumpy.

## Colon, Panama

### LAND DIVIDED – WORLD UNITED



**\$149.00** / Adult (ages 13 & over)

**\$99.00** / Child (ages 12 & under)

Departure Time: 10:45 am

Duration: 4 Hours

Activity Level: Easy

### DETAILS

The image conjured by Panama is generally that of the spectacular Canal, considered by many as one of the eighth wonder of the world, and rightly so. The Panama Canal cuts through one of the narrowest saddles of the Isthmus of Panama approximately 80 kilometers long, joining North & South America with the Atlantic & Pacific Oceans.

Today you will have a unique opportunity to travel on board a comfortable air-conditioned motor coach and travel from Atlantic to Pacific on a similar route once used by the Spanish Conquistadors and the 49ers seeking a short cut in search of Gold in the West.

Your first stop will be Miraflores Locks, take this opportunity to pause and view the gargantuan ships that make their way through the Panama Canal and visit the four exhibition halls, organized by themes that constitute the heart of the Miraflores Visitors Center.

Continuing with the Panama Canal informative tour, you will visit the Panama Canal Expansion the largest project at the Canal since its original construction that created a new lane of traffic along the Canal through the construction of a new set of locks, doubling the waterway's capacity, be a witness of this major undertaking by visiting the New Observation Center of the Canal Expansion.

The new Observation Center of the Canal Expansion, located in Colon Panama, is a park style concept based on open platforms and roofed terraces, built in an area of four hectares, 400 visitors, simultaneously, will be able to enjoy in this new center, the construction of the new locks of the Panama Canal in the Atlantic, at the same time, from its privileged location, visitors see the majestic Gatun Lake, where ships continue their transit through the waterway.

### NOTES

- Depending on canal scheduling, you may or may not actually see vessels in the lock chambers.
- Wear comfortable clothing and walking shoes.
- Itinerary may run in reverse order.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## AGUA CLARA LOCKS & OLD CANAL ZONE



**\$89.00** / Adult (ages 13 & over)  
**\$79.00** / Child (ages 12 & under)  
Departure Time:  
Duration: 3 Hours  
Activity Level: Easy

### DETAILS

Hailed as a major feat of early 20th-century civil engineering and one of the most testing building projects ever undertaken, the Panama Canal served to revolutionize global shipping when it was inaugurated after 10 solid years of construction work in 1914. Removing the need to navigate either around the notoriously hazardous Cape Horn in the south of Chile or the equally tricky Strait of Magellan, the 48-mile ship canal provided an easily navigable link between the Atlantic and Pacific Oceans via the Caribbean Sea.

Your trip to this iconic structure begins with a short drive to the waterway's Expansion Observatory Platform to learn a little about the current construction project that aims to add capacities for a larger shipping lane by building a new and bigger set of locks. This experience at the canal will give you the opportunity to see the former Canal Zone, residential and military facilities that were built by USA at the beginning of the last century. Your fascinating tour of the Panama Canal then comes to a close with your return to the ship.

### NOTES

- This tour is primarily panoramic in nature with walking at the guest's discretion during stops.
- Weather appropriate clothing; sunglasses; sunscreen; and flat, comfortable walking shoes are recommended.
- Minimum age to participate is 4 years of age.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## SAN LORENZO FORT & NEW LOCKS



**\$99.00** / Adult (ages 13 & over)  
**\$59.00** / Child (ages 12 & under)  
Departure Time:  
Duration: 1 Hour  
Activity Level: Moderate

### DETAILS

Explore the ruins of a massive fortress built centuries ago to protect transatlantic trade and view a modern set of locks that have greatly expanded the Panama Canal and increased shipping. San Lorenzo Fort is considered such an extraordinary example of Spanish military architecture that UNESCO deemed it a World Heritage site. While walking through the ruins, you will see old cannons aimed over the sea, earthwork battlements, underground tunnels and rooms that were prisons. All the while, the guide will describe the history of the fort, dating back to 1595 when King Phillip II ordered its construction to protect the mouth of the Chagres River. Visiting the Aqua Clara Visitor Center will

be equally enlightening as you will learn how the newest locks there enable much larger ships to pass through the Panama Canal. The three-chambered Aqua Clara locks are marvels of engineering and look especially impressive when seen from the center's observation deck.

### HIGHLIGHTS

- Walk through the ruins of a Spanish-built colonial fort that is a UNESCO World Heritage site.
- Admire the sweeping views of the Chagres River from the strategically located fort.
- See the Panama Canal's newest locks, which were built to accommodate much larger ships.
- Learn about the cutting-edge engineering behind the Aqua Clara locks.

### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

### NOTES

- This tour requires a moderate amount of walking on uneven ground.
- Participants should be in good physical condition.
- The tour is not available to wheelchair guests or guests with mobility concerns.
- Minimum age to participate is 4 years of age.
- Itinerary may operate in reverse order.
- Guests who go ashore do so with the understanding that they will be mixing with members of the general public.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

### PANAMA CANAL EXPERIENCE: IMAX, MIRAFLORE LOCKS & FORMER CANAL ZONE



**\$109.00** / Adult (ages 13 & over)

**\$69.00** / Child (ages 12 & under)

Departure Time:

Duration: 6 Hours

Activity Level: Moderate

### DETAILS

Watch a ship pass through the Miraflores locks and gain a deeper understanding of this engineering marvel through an IMAX film that describes the Panama Canal's operation. Narrated by Morgan Freeman, the documentary clearly explains the complexities and challenges of the canal, past and present. Through extraordinary shots from the air, historical re-creations and up-close views of various ships passing through the canal, you will discover just how ingenious the locks are. Amazingly, they operate by gravity without a single water pump. In time, you will drive through the land bordering the canal, an area known as the Canal Zone until Panama assumed control of it in 1999. There you will see Fort Clayton, the former U.S. Army base for the Southern Command Headquarters, and the former Albrook Air Force Base, parts of which have been converted into a high-end commercial and residential area that includes an airport.

## HIGHLIGHTS

- Watch an IMAX documentary movie with incredibly detailed footage of the Panama Canal.
- Gain a deep understanding of the canal's history and the challenges to keep it operating.
- Watch a ship pass through the canal's Miraflores locks from an elevated terrace.
- Pass through two former U.S. military bases, one for the Army, the other for the Air Force.

## HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

## NOTES

- Weather appropriate clothing; sunglasses; and flat, comfortable walking shoes are recommended.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## SHAPE OF PANAMA



**\$99.00** / Adult (ages 13 & over)

**\$69.00** / Child (ages 12 & under)

Departure Time:

Duration: 5 ½ Hours

Activity Level: Moderate

## DETAILS

While the ingenuity of the Panama Canal is world renowned, few know about the amazing history that shaped Panama and this tour invites you to discover it. Enjoy a scenic view of the skyline while traveling to the old Panama City, founded in 1519 and destroyed by the infamous Welsh Captain Henry Morgan in 1671. This scenic excursion takes you to see the ruins of the churches and convents, colonial palaces, bridges and military buildings that attest to the city's history and grand past.

As you make your way along the coastline, take the opportunity to discover the tales of gallantry and piracy that wait in the narrow streets of Colonial Panama. You'll walk through the old French Quarter, founded in 1673 by French colonists. On a leisurely 45 minute walk, you'll appreciate the many changes of the city by viewing its unique architecture, influenced by a combination of French, Spanish and Italian styles.

## NOTES

- Tour order may vary.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## AUTHENTIC EMBERA INDIAN VILLAGE



**\$139.00** / Adult (ages 13 & over)

**\$99.00** / Child (ages 12 & under)

Departure Time:

Duration: 6 ½ Hours

Activity Level: Moderate

### DETAILS

Step back in time and visit the Embera tribe who still live in traditional villages within Panama's rainforest. The tribe is proud to share their culture and traditions with you. Your expedition starts with a transfer by coach to the jungle, while your guide provides you with an overview of Panama and prepares you for your visit with the Embera people. You'll travel to the village aboard traditional dugout canoes, which were critical in establishing supply lifelines.

As your motor up the river, keep your eyes open for wildlife which is abundant along the water's edge. Upon arrival at the village, the chief will welcome you with traditional Embera hospitality and a series of dances will be performed for you. The Embera are very talented craftsmen and have produced some beautiful items which are available for purchase as souvenirs of your unique experience. A light lunch is included.

### NOTES

- Boarding the canoes requires a minimum of dexterity and flexibility, the landing consists of a rudimentary "put in" that lacks handrails or proper steps.
- Many hands will be available to assist, however participants will be asked to step up and into the vessels.
- The Embera dress according to their culture and tradition, partial nudity will be observed.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## Panama City, Panama

### HIGHLIGHTS OF PANAMA CITY



**\$89.00** / Adult (ages 13 & over)

**\$79.00** / Child (ages 12 & under)

Departure Time:

Duration: 4 ½ Hours

Activity Level: Moderate

### DETAILS

Boarding your mini-coach at the pier, you'll commence a 40-minute drive to fascinating Panama City. Panama City is located at the entrance of the Panama Canal and is an exciting city with a colorful history. The city today combines a rich collection of both modern and colonial architecture, historical monuments, and tree-shaded boulevards.

Your tour of the city begins by viewing highlights of the part of the city that is referred to as Old Panama, and which was founded in 1519 by Pedro Arias Davila and later destroyed by Captain Henry Morgan. Old Panama City was the first city of the Pacific Coast of the Americas and played a major role in the conquering of South America. In later years, it was the place where gold was sent to Portobelo and then on to Spain.

Following your tour of Old Panama, you will make your way to what is known as Casco Antiguo or Colonial Panama. This area of the city was founded in 1673 after the original capital was left in ruins following Captain Henry Morgan's attack two years earlier and features some lovely French and Spanish architecture. Several points of interest in the city are the Cathedral, the National Theater, and Las Bovedas.

Following your tour of Panama City's most notable sights, you will make the return transfer back to Amador and your waiting ship.

## NOTES

- This tour includes a considerable amount of walking over steps and some uneven surfaces.
- The tour is not available to wheelchair guests and not recommended for those guests with mobility concerns.
- Light weight clothing; comfortable, flat walking shoes; sun caps, sunglasses and sunscreen are suggested.
- Minimum age to participate is 6 years of age.
- Maximum weight is 300 lbs.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## GAMBOA AERIAL TRAM



**\$149.00** / Adult (ages 13 & over)  
**\$109.00** / Child (ages 12 & under)  
Departure Time:  
Duration: 4 ½ Hours  
Activity Level: Easy

## DETAILS

This fabulous tour begins with a scenic 45-minute drive to the luxurious Gamboa Rainforest Resort. The resort is located in the 55,000-acre Soberania National Park which is adjacent to the Panama Canal and near the historic Chagres River. On the grounds of the resort, an aerial tram has been constructed, unlocking the secrets of the heavily populated rainforest canopy.

Boarding your tram, you'll begin your ascent from the shadowy rainforest floor through the understory of vegetation and into the sun-drenched canopy. Here, you will have a bird's eye view of a thousand hues of green, interspersed with the fluorescent exclamation points of flowering trees. As you glide through the canopy, you'll sight the many animals that live high above the forest floor, such as Howler monkeys, sloths, coatimundi, and capybara. Beautiful birds like the toucan, parrot, and momot are also plentiful here, as are iguanas, frogs, butterflies, and dragonflies. After your tram ride, you may choose to climb the observation tower to enjoy a 360-degree, panoramic view of the Panama Canal, the Chagres River, and the surrounding tropical rainforest. Before returning to the pier, you will have some free time at the resort to explore the many exhibits, which include a butterfly farm, aquarium, orchid garden. There is also the opportunity to do some shopping while you are here.



## NOTES

- This tour includes a moderate amount of walking, some of it over uneven surfaces.
- The tour may not be suitable for wheelchair guests as they must be able to both make their way on and off the coach and the tram, as well as have a collapsible wheelchair.
- Those guests with mobility concerns are cautioned to evaluate their personal level of stamina and ability.
- Casual, light weight clothing; comfortable, flat walking shoes; sun caps; sunglasses and sunscreen are suggested.
- A light snack will be provided during the tour.
- Restrooms are available at the resort, but not on the coaches.
- Wildlife sightings are not guaranteed.
- Minimum age to participate is 6 years of age.
- Maximum weight is 300 lbs.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## U.S.HERITAGE IN PANAMA



**\$99.00** / Person  
Departure Time:  
Duration: 4 Hours  
Activity Level: Easy

## DETAILS

This tour takes you off the beaten track to see a side of Panama not often seen by visitors. You will begin with a 30-minute coach transfer from the pier in Amador to the Miraflores Locks, the first set of locks from the Pacific side of the Canal and probably the most visited due to their proximity to Panama City. Upon arrival, you will be able to view a model of the Canal that is accompanied by a narration provided by a Panama Canal guide. From here, move to the viewing platform where you can observe first-hand the Canal in action.

Re-joining your coach, you will travel to Fort Clayton, the Army base that housed the Southern Command Headquarters. Here, you will have the opportunity to see how the U.S. Army troops lived during their stay in Panama. Your tour also takes you past the new development of the 'City of Knowledge', a joint development between the Panamanian government and several educational institutes and research development companies. Continuing, drive through portions of Albrook Air Force Base which today, is where the new Domestic Airport is located and where you will observe how it has now been converted into a commercial area and high-end residential district. Prior to heading back to the pier, you will take a drive through the community of Balboa, the primary area where workers and important buildings were located during the Canal's construction.

## NOTES

- This tour includes minimal walking and is available to wheelchair guests who have a collapsible wheelchair and who can make their way on and off the coach.

- Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina. Casual, light weight clothing; comfortable, flat walking shoes; sun caps; sunglasses and sunscreen are suggested.
- Restrooms are available at Miraflores Locks but not on the coaches.
- Minimum age to participate is 6 years of age.
- Maximum weight is 300 lbs.
- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## A TRADITIONAL PANAMA EXPERIENCE



**\$129.00** / Adult (ages 13 & over)

**\$89.00** / Child (ages 12 & under)

Departure Time:

Duration: 5 Hours

Activity Level: Easy

### DETAILS

See how Panama City has preserved its architectural and cultural traditions and get a glimpse into the capital's vision for the future. While driving through the former Canal Zone, you will pass landmarks that reflect the history of this swath of land that borders the canal. Panama assumed control of it in 1999. As you will discover, Panama City has plenty of modern upscale areas such as the waterfront Punta Paitilla, yet it still embraces its colonial past. The theme park Mi Pueblito is a fine example, as it encompasses three replica traditional villages – one Afro-Caribbean, another showing how the indigenous people live and the third representing a village in Panama's densely forested interior. As you meander about the villages, you will likely see traditional folkloric performances. A stop in a handicraft market in the Balboa district and lunch at a traditional restaurant will add more texture to your understanding of the Panamanian culture.

### HIGHLIGHTS

- Settle in for an enlightening driving tour through Panama's capital city.
- Browse three replica villages, each one depicting a different traditional lifestyle.
- Shop at a handicraft market full of merchandise made with natural materials.
- See modern and colonial landmarks that reflect Panama's past and future vision.

### HELPFUL HINTS

- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

### NOTES

- Tour is not available to guests who utilize a wheelchair.
- Those guests with mobility concerns are cautioned to evaluate their personal level of ability and stamina.
- Dress in weather-appropriate clothing.
- Wear flat comfortable walking shoes.

- All guests getting off the ship and going on tour in Panama will need to bring a valid Passport with minimum validity of 6 months.

## Puntarenas (Puerto Caldera), Costa Rica

### SCENIC COSTA RICA



**\$65.00** / Adult (ages 13 & over)  
**\$45.00** / Child (ages 12 & under)  
 Departure Time:  
 Duration: 3 ½ Hours  
 Activity Level: Easy

### DETAILS

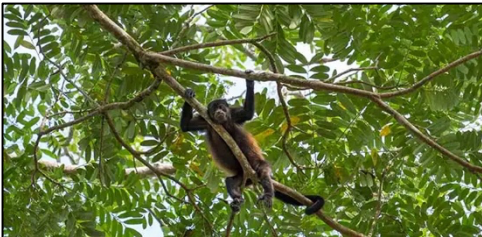
Your sightseeing drive through rolling hills, high mountains, plains, valleys, and riverbeds is just part of the gorgeous landscape that will make you think of paradise. Costa Rica's topography is one of the world's most diverse. You'll start by heading east to Esparza, a town that has become one of the most picturesque in Costa Rica's Central Pacific region. The central park and its church are emblematic of Costa Rica's hardworking rural towns.

Local dancers in colorful dresses will greet you at the park and you'll enjoy masquerades and handmade souvenir exhibitions while you learn about their traditions. Your scenic drive includes some stretches along the Pacific Ocean passing by mango and cashew plantations, farming areas and most certainly seeing some birds along the way, all examples of sustainable living. Take the opportunity to capture unique pictures, while traveling down to sea level, admiring the most breathtaking views.

### NOTES

- Wear comfortable shoes; bring sunscreen, a hat and light clothing.

### JUNGLE & RIVER WAGON EPXEDITION



**\$159.00** / Adult (ages 13 & over)  
**\$129.00** / Child (ages 12 & under)  
 Departure Time:  
 Duration: 4 Hours  
 Activity Level: Easy

### DETAILS

Get immersed in an incredible adventure of the tropical rainforest environment just 60 minutes from Puntarenas. Travel through luscious landscapes crossing the crystal waters of Tarcolitos River several times on a tractor-drawn wagon while your tour guide acquaints you with this unforgettable rainforest experience at the Villalapas Private Reserve.

As you ride, keep your camera ready and discover some curious inhabitants such as the colorful toucans, scarlet macaws, rare spiders whose cobwebs are compared to steel cables, lizards, howler, and spider monkeys as well as exotic plants from ancient times.

During this adventures journey, you will have some time at leisure to enjoy the sounds of the nature, take pictures or even dip into the clear waters of this beautiful river if weather allows. Continue to Santa Lucia, a unique little town.

Newly constructed, architects were careful to use old building techniques and materials in order to show exactly how Costa Ricans lived in previous centuries. Here, you will be greeted with a tropical fruit buffet, and cold drinks that you enjoy as you wander around this small, old-style village.

## NOTES

- This tour is not wheelchair accessible and is not recommended for pregnant women.
- Guests must manage 4 steps in and out of the bus and tractor-drawn wagon.
- There is uneven and gravel terrain.
- The tractor-drawn wagon can be quite bumpy during the trip and is open on the sides and non-air conditioned.

## CROCODILE SAFARI & TRADITIONAL DANCE



**\$85.00** / Adult (ages 13 & over)

**\$65.00** / Child (ages 12 & under)

Departure Time:

Duration: 4 ½ Hours

Activity Level: Easy

## DETAILS

Cruise the mangrove-lined Tarcoles River to observe the countless crocodiles that inhabit the murky waters and then watch an entertaining dance performance.

After departing from the pier, you will enjoy a meandering drive into the countryside south of Puntarenas, where the Tarcoles River empties into the sea. You will then board a small boat and cruise into the surrounding protected wilderness.

The river supports an abundance of wildlife, including one of the world's largest colonies of American crocodiles. There are literally thousands of crocodiles, which can typically be seen sunning on the riverbanks. They often keep their mouths open when sunning, a behavior known as "gaping," which helps to regulate their body temperature.

Although ferocious looking, crocodiles are actually shy and reclusive. They usually enter the water silently. If you spot one quickly splashing into the river, it is probably frightened, despite the fact that crocodiles are top predators that can grow up to 15 feet long.

The mangrove-lined shores of the river also provide safe haven for a large number of birds such as herons, egrets, and storks. You may see hummingbirds flitting about, vireos perching on the intertwined mangrove branches and Panama flycatchers mournfully whistling, which is their distinctive call. You may also spot basilisks walking on water in a complex move that creates air pockets beneath their feet as they slap the surface of the water.

Following the river cruise, you will watch a folkloric dance performance while snacking on fresh fruit.

## NOTES

- Guests should be able to manage steps on the bus and boat.
- Wear light clothing, comfortable walking shoes and hat.

- Bring sunscreen and insect repellent.

## TARCOLES RIVER ECO-CRUISE ADVENTURE



**\$85.00** / Adult (ages 13 & over)  
**\$59.00** / Child (ages 12 & under)  
 Departure Time:  
 Duration: 4 ½ Hours  
 Activity Level: Easy

### DETAILS

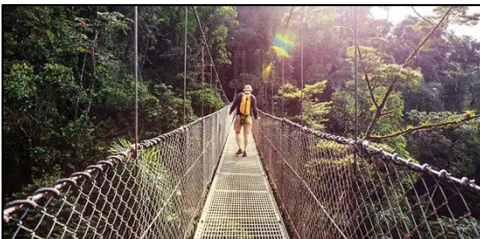
This adventure tour takes place in the Guacalillo Estuary on the Tarcoles River that forms the northern border of the Carara Biological Reserve. It's home to one of the world's largest crocodile populations in the world with individuals up to 20 feet long that can live up to 60 years. In addition to the crocodiles, over 50 different bird species might be seen on site. This estuary is famous for its mangrove forests and is one of the nesting sites of the very rare scarlet macaw and a great variety of resident and migrant waterfowl, iguanas, and Jesus Christ lizards.

Your adventure begins with a one hour ride on coastal and countryside roads, passing small towns en route to the premises of the Jungle Crocodile Safari created by the veterinarian Mr. Mario Orjuela in 1993. Using catamaran-style boats, you'll be able to observe these wild animals from a safe distance. A delicious tropical fruit buffet will be waiting for you at your return with tropical fruit drinks and coffee. Ample time for purchasing crafts made by local artisans will be given.

### NOTES

- At the beginning of the Tarcoles exploration, you'll receive a free bird guide so that you can identify the birds that you might see.
- Wear comfortable shoes, long pants, a hat, sunscreen and bring sunglasses, a light jacket/raingear and insect repellent.
- Walking is over cemented and gravel trails.
- Advance notice is needed for guest in wheelchairs.
- Motorized scooters cannot be handled, only foldable wheelchairs.

## FOREST SKY WALK & SHOPPING



**\$85.00** / Adult (ages 13 & over)  
**\$55.00** / Child (ages 12 & under)  
 Departure Time:  
 Duration: 4 ½ Hours  
 Activity Level: Moderate

### DETAILS

The Sky Walk trails and suspended cable bridges will show you the wonders of the tropical forest. Located around national parks and protected lands, more than 80 species of birds have been identified as well as mammals such as the Kinkajou, Agoutis, Coatis and more. Your one hour downhill walk will offer you breathtaking views of the ocean and coastline, as well as its vegetation and waterways.

Board your coach to visit El Jardin, enjoy some fruit and water to replenish your energy here and you'll be able to shop souvenirs in the well-stocked shop, before heading back to your ship.

## NOTES

- Participants must be at least 8 years of age.
- There is a considerable amount of walking on this tour.
- Not recommended for guests with heart or respiratory conditions due to the heat, humidity, and the level of activity.

## NEED TO KNOW

- There are uneven dirt trails and you'll cross three hanging bridges.
- Wear light clothing, insect repellent and sunscreen.
- Walking or hiking shoes recommended, as well as raingear.
- Wildlife sightings, are common but not guaranteed.

## JAGUAR & MACAW SANCTUARY



**\$109.00** / Adult (ages 13 & over)

**\$99.00** / Child (ages 12 & under)

Departure Time:

Duration: 4 1/2 Hours

Activity Level: Easy

## DETAILS

The Natuwa Sanctuary at El Manantial is a Costa Rican wildlife conservation charity working to save and protect endangered species from extinction, headquartered in Aranjuez de Puntarenas.

Natuwa works with some of the most endangered native birds of Costa Rica, focusing on the rarest species and the most fragile habitats. The main focus of the project is the Scarlet Macaw (*Ara Macao*) and the Great Green Macaw (*Ara Ambigua*), who once flew freely in many areas of Costa Rica.

At the Sanctuary, Great Green macaws and Scarlet macaws are not bred for the pet trade. They are strictly bred in order to release their young into the wild to be set free forever. In the sanctuary the birds fly unrestricted, enjoying the trees and the fruits they can find around this habitat. The local people from the village of Aranjuez care for and watch over the wild macaws.

In November 2014 three jaguar cubs were brought to the NATUWA Sanctuary, just a few days old. The Costa Rican government rescued them and brought them to NATUWA to be taken care of because they were orphaned. The three jaguar cubs Onka, Baguira, and Dinamú were able to survive thanks to the care they received at NATUWA. They did not have the opportunity to learn survival skills from their mother such as how to hunt and how to mark territory. They have been raised surrounded by humans and this leaves them vulnerable and unable to survive in the wild. They have no other option and must stay in captivity.

These felines will be Ambassadors for an environmental education program that involves schools and the general public. The main objective is to generate information so that visitors understand the vital role that animals play in the forest ecosystem.

## A REAL COFFEE, CHOCOLATE & SARCHI EXPERIENCE



**\$89.00** / Adult (ages 13 & over)  
**\$79.00** / Child (ages 12 & under)  
Departure Time:  
Duration: 6 ½ Hours  
Activity Level: Easy

### DETAILS

Coffee and Cacao production in Costa Rica has always played a key role in the country's history and still very important for the country's economy today. This enjoyable and educational guided excursion starts with a delightful ride through rustic countryside, passing a variety of landscapes including rich farmland, lush forests, and mountain views as you approach the highlands of Naranjo, The Espiritu Santo coffee plantation comprises 640 acres of prime coffee plantation, here the secrets of a real cup of coffee and cacao is turned into chocolate will be revealed to you.

Begin with a nursery demonstration to observe the different stages of the coffee plant during its first year. The coffee is dried under the sun, using century's old methods to produce a first quality coffee. During your visit to the plantation and processing plant, you might see workers picking from the plants the cherries, other workers taking care of the final process of preparing and packing the coffee for exporting purposes. Visit an old, yet authentic replica of a Costa Rican laborer house, where your tour guide will explain how coffee used to be brewed, and why, after over 50 years, people still use a handmade "chorreador" instead of an electric coffee maker, then stop at our chocolate station to see how cacao was toasted, grinded and turn into delicious chocolate by our ancestors, sample the chocolate covered coffee beans, they are delicious!

Spend a few minutes browsing the gift shop before boarding your transportation for Sarchi, famous for producing Costa Rica's traditional hand-painted oxcarts, see artisans at work, enjoy a hearty typical lunch buffet a browse for mementos before returning to port.

### NOTES

- Minimum amount of walking over even surface and some steps.
- For wheelchair restricted customers, advance notice is required.
- Motorized scooters cannot be handled, only foldable wheelchairs.
- Wear comfortable shoes, sunscreen, a hat and bring a camera and a light jacket.

## Puerto Quetzal, Guatemala

### ANTIGUA ON YOUR OWN



**\$50.00** / Person  
Departure Time: 7:45 am  
Duration: 6 ½ Hours  
Activity Level: Moderate

## DETAILS

Enjoy Antigua at your own pace by exploring the Central Plaza and nearby streets filled with churches, convents, museums, art galleries, restaurants, cafes, and stores. You'll be provided with a map of Antigua which highlights its main attractions and you'll be able to explore the city on your own. Enjoy a scenic drive back to your ship, affording breathtaking views of the Agua and Fuego (Water and Fire) volcanoes.

## NOTES

- Antigua is 5,000 feet above sea level, we recommend participants be in good health.
- This is a non-guided tour offering transportation to the city only.
- Walking is on level as well as cobblestone streets and at your discretion.
- This tour is not suitable for guests in wheelchairs or for those that have walking difficulties.
- Wear comfortable shoes and bring sunscreen, a hat, sunglasses, and cash for shopping.
- The drop-off location in Antigua is subject to change.
- Participants who miss the return transportation to the port will be responsible for getting back to the ship on time.

## EASY ANTIGUA



**\$99.00** / Adult (ages 13 & over)  
**\$79.00** / Child (ages 12 & under)  
Departure Time: 8:30 am  
Duration: 5 ½ Hours  
Activity Level: Easy

## DETAILS

This tour is designed for guests with limited mobility, offering the opportunity to enjoy the sights of the charming Spanish colonial city of Antigua from the comfort of a vehicle.

You'll enjoy a guided 90-minute drive through the scenic countryside to colonial Antigua. Once in the city, you'll drive through the main streets and see the most important buildings from the comfort of your vehicle. A shopping and restroom stop will be made at the Jade Museum and Factory with very little walking involved – ramps are also available for your convenience. Spend approximately 90 minutes in Antigua, including a photo stop at the Central Plaza, before beginning your journey back to the pier.

## NOTES

- Antigua is 5,000 feet above sea level, we recommend participants be in good health.
- This tour is for guests with limited mobility, but availability is limited. Collapsible wheelchairs can be accommodated, but not scooters.
- Participants must be able to get on and off the vehicle, there are no lifts or ramps on the van, only at the Jade Museum.



## COFFEE PLANTATION



**\$89.00** / Adult (ages 13 & over)  
**\$69.00** / Child (ages 12 & under)  
Departure Time:  
Duration: 4 ½ Hours  
Activity Level: Moderate

### DETAILS

Guatemala started producing coffee back in the 1850's which is renowned for its high quality. Today you'll visit a local coffee plantation to learn about the processing and sample a cup of this fine coffee.

Your journey begins with a 90 minute scenic drive through Guatemala's lowlands where you'll have great views of some of the majestic volcanoes. During the drive your knowledgeable guide will provide you with relevant information about the excursion. Once at the plantation, you'll take a 20-minute walking tour through the coffee fields and processing plant. Enjoy a cup of fine Guatemalan brew before returning to your ship.

### NOTES

- Participants must weigh no more than 250 lbs those exceeding this weight will be allowed as long as they are in good health.
- Due to the very high temperatures, guests with high blood pressure or heart problems should not participate.
- This tour is not suitable for guests with walking disabilities.
- The trail in the coffee fields is flat but unpaved.
- Wear comfortable shoes and bring a hat, sunglasses, sunscreen, and cash for handicraft shopping.

## Manzanillo, Mexico

### CUYUTLAN TURTLE SANCTUARY



**\$99.00** / Person  
Departure Time:  
Duration: 5 ½ Hours  
Activity Level: Moderate

### DETAILS

Traveling through the countryside on your way to Cuyutlan, you'll pass coconut and banana plantations, as well as lush and colorful bougainvillea and hibiscus plants. Upon arrival, chances are the first thing you will notice is the fine, black sand beach.

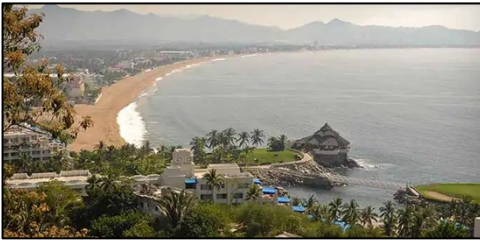
You'll visit the Salt Museum, housed in a century-old salt storage barn made from hand-hewn boards from palm trees, the museum is a testament to the town's history. Among the displays, is an exhibit that illustrates how salt is mined.

Continue on to the Tortugario Ecological Center, where you'll learn how Mexico's largest turtle sanctuary is helping these endangered species thrive. After your tour, relax with a drink and a delicious local snack before returning to your ship.

### NEED TO KNOW

- Tours with this activity level involve a considerable amount of physical activity such as substantial walking over cobblestone streets, uneven or steep terrain, climbing stairs, or extended periods of standing.
- Not recommended for guests with physical limitations.
- Comfortable, sturdy shoes are recommended.

### MANZANILLO COASTAL HIGHLIGHT



**\$50.00** / Person  
Departure Time:  
Duration: 3 ½ Hours  
Activity Level: Easy

### DETAILS

See the highlights of Manzanillo in the air conditioned comfort of your coach and enjoy some refreshments at a local beach restaurant. Your knowledgeable guide will keep you well informed along the way and answer any questions that you may have. You'll pass by the world class cargo port, the largest in Mexico, then set off to the very upscale residential community of La Punta.

You'll stop for photos above the spectacular Las Hadas Yacht Club that offers stunning views of the entire region. From there, you'll continue on to one of area's largest beach-front restaurant for refreshments and Mexican snacks. The trip back to the pier takes only 20 minutes and an optional downtown drop-off will be offered for those who wish to explore further and return to the ship on their own.

## Puerto Vallarta, Mexico

### PUERTO VALLARTA CITY SIGHTS



**\$49.00** / Adult (ages 13 & over)  
**\$39.00** / Child (ages 12 & under)  
Departure Time: 11:30 am  
Duration: 4 Hours  
Activity Level: Easy

### DETAILS

Experience Puerto Vallarta in all its glory. Travel along the main highway to Old Town, along the city's cobblestone streets for a stop at City Hall and the Cathedral of the Lady of Guadalupe. Pass the elegant area of Conchas Chinas on your way to the southern end of town. Finally, stop at a charming restaurant for a complimentary beverage before heading to Old Town for some shopping. You'll be assigned a time to rejoin your coach for the return trip to your ship. You may choose to stay in town on your own or return to your ship.

## NOTES

- Short pants are not permitted in the cathedral.

## DISCOVER PUERTO VALLARTA



**\$49.00** / Adult (ages 13 & over)  
**\$39.00** / Child (ages 12 & under)  
Departure Time: 9:00 am  
Duration: 4 Hours  
Activity Level: Moderate

## DETAILS

Discover Puerto Vallarta's charming Downtown and Oldtown districts with the help of your friendly, bilingual guide. You'll ride in air-conditioned comfort to the center of downtown where you'll have a chance to stroll the length of our Malecon (seawall) to see our collection of sculptures by local and international artists.

You'll visit the main square, where your guide will take you through the Church of Our Lady of Guadalupe and keep you entertained and informed along the way. Enjoy a stroll down the Cuale River Island's colorful garden pathway. Re-board the coach briefly to ride to our refreshment/restroom and shopping stop. Complimentary beverages are offered as well as free tequila tastings, as you shop or observe the local artists at work. Afterward, we'll make the short walk to Vallarta's newest attraction, Mosaic Park, which has become one of the most impressive collections of urban art, anywhere. The entire area shimmers and sparkles with Mexican themes, covering everything from the columns to the benches. We'll spend about 40 minutes there, before returning directly to the ship.

## NOTES

- No athletic wear allowed in the church.

## Cabo San Lucas, Mexico

## BAJA HIGHLIGHTS



**\$75.00** / Adult (ages 13 & over)  
**\$49.00** / Child (ages 12 & under)  
Departure Time: 12:00 pm  
Duration: 4 Hours  
Activity Level: Easy

## DETAILS

Experience the beauty and cultural richness of Baja on this excursion that features both scenic and historic sights. Board your transportation for a picturesque drive through the Baja California desert terrain. Your first stop is at a local glass factory, where you'll watch artisans at work, learn their time-honored techniques and browse their colorful creations at the gift shop.

Continue to the Mexican town of San Jose del Cabo and stroll on your own along the charming, tree-lined streets and enjoy the colorful murals and the historic town plaza. You'll stop at one of the area's renowned restaurants for a complimentary beverage while you take in sweeping panoramic views of the Bay of Cabo San Lucas and El Arco in the distance.

Upon return to the port, visit the heart of Cabo San Lucas and learn about the original settlement and the native flora of the region. You may also request to be dropped off for independent sightseeing. A 10-minute walk returns you to the ship.

### **FAMOUS ARCH, SEA LIONS AND WHALES**



**\$75.00** / Adult (ages 13 & over)  
**\$65.00** / Child (ages 12 & under)  
Departure Time: 12:00 pm  
Duration: 2 ½ Hours  
Activity Level: Moderate

### **DETAILS**

Humpback whales visit the shores of the Baja each year and Los Cabos is famous for whale watching. Board our specially designed, inflatable fast boats and journey out of the bay. Accompanied by an expert marina mammal guide and local captain, begin your exploration, searching for these gentle giants. With a variety of boats located in the bay and communication between all captains, these rapid ocean vessels are fast at finding the whales in the deep blue oceans. Each boat hosts a hydrophone, allowing you to hear the whales sing and communicate between each other in the ocean depths. These low level watercrafts allow everyone onboard to capture that special photo and to enjoy the amazing breaches, tail splashes, and interaction between these giant mammals. Complete your adventure with a short stop at the famous arch and sea lion colony to see nature at its best before heading back to the marina. Definitely an adventure not to be missed!

### **NOTES**

- Available from mid-December through mid-April only.
- Participants must be at least 5 years of age.
- Due to the boat design; there are no bathrooms or shade onboard.
- This tour is not recommended for guests with back/neck issues and is not wheelchair/scooter accessible.
- All guests must be fully mobile.
- Sightings are frequent, but not guaranteed.
- Guests who go ashore do so with the understanding that they will be mixing with members of the general public.

## **Los Angeles, California**

### **RODEO DRIVE & LOS ANGELES ENDING AT THE AIRPORT**



**\$99.00** / Adult (ages 13 & over)  
**\$89.00** / Child (ages 12 & under)  
Departure Time: 9:00 am  
Duration: 5 Hours  
Activity Level: Easy

## **DETAILS**

Welcome to Los Angeles! This tour will begin at the Port of Los Angeles, where you'll disembark your ship and join this exciting fact filled excursion through the highlights of the city. You'll pass the Los Angeles Coliseum, the University of Southern California, the Museum of Natural History and through the Downtown Area of Los Angeles. Enjoy a stop at Olvera Street, one of the oldest streets in this lovely city. Here you'll have time to stroll through the local Mexican handicraft shops and cafes.

Upon departure from Olvera Street your drive takes you to Hollywood through the one of the main streets, Hollywood Boulevard, where you'll have time to see the famous TCL Chinese Theater. This is the location of the hand and foot prints of famous movie stars. Next, you're on your way to Rodeo Drive and the shopping area of the rich and famous where you can have lunch on your own or do some shopping. The tour will conclude at the Los Angeles International Airport.

## **NOTES**

- Guests will arrive to the airport by approximately 2:30 pm.
- This tour is only for guests with domestic flights departing after 5:00 pm and international flights departing after 6:00 pm.
- Guests are responsible for ensuring their debarkation tours are compatible with their flight departure times.

***Prices & Times are subject to change at any time without notice.***